

St Richard's Physical Education



Physical Education and School Sport plays a major part in school life at St Richard's Catholic College and we pride ourselves on supporting every pupil and his/her personal development.

Our PE ethos at St Richard's is for pupils to STRIVE. We expect all pupils to work hard towards these areas:

Sportsmanship: Are you demonstrating fair play and respect?

Teamwork: Can you work well both individually and as part of a team?

Resilience: Can you recover quickly from difficulties/setbacks instead of giving up?

Inspire: Are you a positive role model who motivates others to try their best?

Versatility: Can you apply your skills to different sports and adapt to changing situations?

Excel: Do you strive to be the best you can be?

St Richard's is recognised as being a leading school for Physical Education in the Hastings and Rother area, with significant success in extra curricular competitions, for its KS4 academic results, and for its quality of provision for all pupils in supporting lifelong participation in sport. The extra curricular opportunities provided are extensive, providing opportunities for pupils before school, during lunchtime and after school. The Physical Education department also has strong links with local Primary schools and takes a leading role in providing these feeder schools with competitions and PE provision. This helps to prepare KS2 pupils for their learning journey in Physical Education when they start in year 7.

Results

The PE Department prides itself on strong teaching across KS3 and KS4 in order to ensure pupils value sport as part of their healthy active lifestyles and have every opportunity to achieve success. We are proud of our GCSE PE and Sport BTEC results and we constantly aim to improve these results year on year.

TAG for GCSE PE were 53% Grade 7 - 9 and 100% Grade 5+ in 2021.

CAG for GCSE PE were 32% Grade 7 - 9, 89% Grade 5+ and 96% Grade 4+ in 2020.

GCSE PE results were 13% Grade 7 - 9, 63% Grade 5+ and 88% Grade 4+ in 2019.

TAG for BTEC Sport were 56% Distinction, 89% Merit and 100% Level 2 pass in 2021.

CAG for BTEC Sport were 38% Distinction, 75% Merit and 100% Level 2 pass in 2020.

Sport BTEC results were 38% Distinction and 100% Merit in 2019.

Meet the Department

Mr Dallaway: Subject Leader

Mrs Harker: Second in Department.

Mr Bligh: Teacher of PE and Pastoral Leader for year 7.

Miss Lambert: Teacher of PE.

Mr Varney: Teacher of PE and Primary schools competition organiser.

Mr Feery: Teacher of PE and Cover Supervisor

Facilities

St Richard's boasts the following facilities:

- Sport Hall - With 2 dividing curtains. It is the size of a Futsal pitch or 4 badminton courts.
- gym - The size of one basketball court.
- Fitness suite - Containing 8 rowing machines and 8 bikes.
- 4 Playgrounds - Containing 5 Netball courts.
- Field - Containing an 11 a side football pitch, 9 a side football pitch and 6 a side pitches. In the summer term the field has a 400m running track, 4 Rounders pitches and softball pitches.

Our facilities enable us to deliver a wide range of sporting activities such as: Athletics, Badminton, Basketball, Cricket, Fitness, Football, Gymnastics, Handball, Netball, Rounders, Rugby, Softball, Stoolball, Volleyball, Table Tennis, Powerhooping and Trampolining.

