

# St Richard's Catholic College

## Spiritual Life Policy



**The Policy was approved by the Governing Body: May 2021**

**Chair of Governors:**

**The Governing Body will review the policy in May 2022**

## **SPIRITUAL LIFE POLICY**

St Richard's is a Catholic College and parents choose to send their children here because they wish them to be educated in the Catholic faith. The college has a Lay Chaplain who is responsible for promoting and co-ordinating liturgical activities and daily prayer throughout the year and for leading the whole community in supporting the spiritual journeys of all who come to learn and work at St Richard's. The school looks to form the spiritual, human, intellectual and pastoral aspect of every member of the college.

We are fortunate in having a strong Chaplaincy team that is supported by priests and deacons who lead the Service/Mass preparation as well as celebrate the Mass too. The local clergy are regularly in college and are available to staff, pupils and parents. They lead assemblies, our full school Masses on special occasions and on Holy Days of Obligation. The year Masses, Liturgies and form Masses/Services are celebrated on a rota basis by the Priests and Deacons of both Deaneries and follow the Liturgical Year of the Church; the seasons and various feast days. The Chaplain, together with members of the RE and music department, are always ready to assist with the preparation of form and year Masses and they provide pupils with the opportunity to receive the Sacrament of Reconciliation. New staff receive inset training to support them in this aspect of college life.

Along with the RE Department, the Chaplaincy team is involved in the retreat days and our bi-annual Rome Pilgrimage, which give the pupils the opportunity to spend some time together to consider their religious commitment.

Assemblies are held every day and these are occasions when the college comes together as a community in prayer and worship. Assemblies are led by the Lay Chaplain, the Principal, the Vice Principal, the Assistant Principals, and Pastoral Leaders. We encourage groups of pupils, under the direction of their Form Tutors, to prepare and present assemblies. Groups of musicians provide the music for the hymns. Outside speakers give variety and breadth to our themes. Opportunities arise throughout the liturgical year for particular emphasis to be given to our spiritual growth and the material needs of others, with encouragement to prepare for the Sacrament of Confirmation in Years 10 and / or 11.

Within the life of a Catholic college, prayer life is an essential element of faith development. At the start of each week, every member of staff is emailed prayers for the week that reflect the Gospel readings. A prayer should be said at the beginning of registration each day and grace is said before lunch. Each Form group has a Tutor Prayer Box which contains all the necessary things to assist in Form prayer, such as bible, rosary, form candle, standing cross and cloths in the liturgical colours. The Lay Chaplain has also put together a Tutor Prayer Guide book. Prayer may be led by the teacher but this is not necessary as members of the class should do it on a rota basis. A prayer, especially the prayer of St Richard or a reading should also be said at the end of the day as a reflection of the day's work.

Alongside this the Lay Chaplain has put together a set of resources for Form tutors to use to plan and put together their Form Service.

Underpinning the sacramental and spiritual life of the college is the expectation that all members of staff will help promote the spiritual work of the college. This is helped by the existence and display of a very caring relationship among its members. The Lay Chaplain and Vice Principal provide support for new staff and those who require it.

Alongside the Lay Chaplain there exists key carers among staff who are willing to help any member of staff who is distressed or in difficulty.

The Chaplaincy team, the Staff Well-Being team and the Leadership and Management Team are also available to help any teacher who feels under pressure or worried, whether due to the demands of the task in hand or for personal reasons. The Lay Chaplain is available at designated times for staff to come and talk in confidence. Please do not hesitate to approach any of the above and rest assured that the strictest confidence will be guaranteed.