



**SABDEN**

The Sabden Multi Academy Trust

# Continued Professional Development Programme 2019/20

## Term 4/5 Offer



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## Welcome

The ethos of The SABDEN Multi-Academy Trust is best explained through our vision statement: “Creating a warm, caring, stable, supportive environment in which all staff and pupils feel safe”.

Support is at the heart of what we do, and through The Cuckmere House Teaching School we work with hundreds of professionals in schools each year to help them develop. As a National Teaching School, we know that the development of teaching – from aspiring teachers to outstanding classroom specialist leaders in education – is what will make the greatest difference to the educational provision and outcomes of children in our region.

Our courses, research work, and professional dialogue enables our teachers to teach better. Our network is growing each year, and we are delighted to offer a CPD programme this year to colleagues from within SABDEN, mainstream schools and commissioned East Sussex external training providers.



Frank Stanford, Chief Executive Officer  
The Sabden Multi-Academy Trust

## Booking and Funding

All initial enquiry and booking requests for term 4/5 twilights should be emailed to [training@sabden.org.uk](mailto:training@sabden.org.uk). A training application form will then be sent out and all bookings will be confirmed via email.

Twilights will be allocated on a first come first served basis. Please note due to limited capacity, limits of 2 applicants per school/organisation will be put in place to ensure equity of access.

The twilights listed are currently free for mainstream colleagues and commissioned Alternative Provision (Personalised Foundation Learning) providers. All other organisations types should contact [training@sabden.org.uk](mailto:training@sabden.org.uk) for pricing details.

## Term 4/5 Twilight Offer

### Summary

| <b>Title</b>                              | <b><u>Sexual Risk</u></b>                | <b><u>Mathematics for pupils with SEMH</u></b> | <b><u>Creativity in the Classroom</u></b> | <b><u>Resilience For Education</u></b>    |
|---|--|--|---|---|
| <b>Trainer</b>                            | Fiona Bray                               | Paul Robley                                    | Mike Rofe                                 | Gavin Thomas                              |
| <b>Venue</b>                              | New Horizons (Beau Rd site) Hastings     | College Central Hampden Park                   | New Horizons (Beau Rd site) Hastings      | College Central Hampden Park              |
| <b>Session 1</b>                          | Tuesday<br>25/02/2020<br><br>3.45-5.30pm | Tuesday<br>10/03/2020<br><br>3.45-5.30pm       | Tuesday<br>31/03/2020<br><br>3.45-5.30pm  | Thursday<br>14/05/2020<br><br>3.45-5.30pm |
| <b>Session 2 (Facilitated Discussion)</b> | Tuesday<br>17/03/2020<br><br>3.45-5.00pm | Tuesday<br>24/03/2020<br><br>3.45-5.00pm       | Tuesday<br>28/04/2020<br><br>3.45-5.00pm  | Tuesday<br>11/06/2020<br><br>3.45-5.00pm  |

## Working with girls who are (or likely to be) victims of sexual harm or sexual risk taking behaviours.

|  |   |   |
|--|---|---|
| Twilight outline   | <p>Which girls are likely to be victims of sexual harm/risk taking behaviours?<br/>         How/why should we report our concerns?<br/>         How do these concerns will move through the school/ social services/ agencies/police routes?<br/>         What might have caused it?<br/>         Could it be prevented?<br/>         What are the signs we would see in school?<br/>         How can we support these pupils and the staff who work with them?</p> |   |
| Target Audience  | <p>Teachers, Support Staff, Senior Managers in Schools who want to get a clearer understanding of the issues faced by some of our most vulnerable and challenging girls. To look at ways to support them in school and how to report concerns and work with outside agencies to improve the likelihood of a positive outcome.</p>   |   |
| Trainer  | <p>Fiona Bray is Assistant Head and DSL (Sexual Risk Lead) at New Horizons School working with pupils from 5 – 16 years, but primarily based at KS4. She is an East Sussex SLE and has led CPD for NQTs across East Sussex. Prior to working at New Horizons, Fiona had over 13 years' experience working in Mainstream Secondary Schools.</p>  |   |
| Refreshments/parking                                     | <p>Tea, coffee and biscuits will be available.<br/>         Parking is available in the staff car park.</p>   |   |
| Date   | Time  | Venue address   |
| <u>Session 1:</u><br>Tuesday 25 <sup>th</sup> Feb 2020   | 3.30pm Registration<br>3.45pm – 5.30pm  | New Horizons,<br>Beauchamp Rd,<br>Hastings, Saint<br>Leonard's-on-sea<br>TN38 9JU |
| <u>Session 2:</u><br>Tuesday 17 <sup>th</sup> March 2020 | 3.30pm Registration<br>3.45pm – 5.00pm  |   |

| <b>Kinesthetic Teaching and Learning in Mathematics for pupils with SEMH</b> |   |   |
|--|---|---|
| Twilight outline   | <ul style="list-style-type: none"> <li>• Methods to increase teacher confidence in teaching maths.</li> <li>• Ideas for kinaesthetic maths lessons and activities.</li> <li>• Planning lessons.</li> <li>• Ingraining problem solving and context.</li> <li>• Building relationships with children to facilitate learning.</li> <li>• Classroom environment.</li> </ul> |   |
| Target Audience  | Newly qualified teachers, teachers who feel they need to develop practice, subject leaders (maths) and support staff.   |   |
| Trainer  | Mr Paul Robley has taught for ten years in primary education. This included 5 years in an inner London inclusive school, three years in Brighton & Hove and 2 years at Cuckmere House (SMAT). Paul is currently the Maths and Science coordinator at Cuckmere House and has also developed PSHE in the primary setting.   |   |
| Refreshments/parking   | Tea, coffee and biscuits will be available.<br>Parking is available in the staff car park.  |   |
| Date   | Time  | Venue address   |
| <u>Session 1:</u><br>Tuesday 10 <sup>th</sup> March<br>2020                  | 3.30pm Registration<br>3.45pm – 5.30pm  | College Central, 124<br>Brodrick Road,<br>Eastbourne BN22 9RB |
| <u>Session 2:</u><br>Tuesday 24 <sup>nd</sup> March<br>2020                  | 3.30pm Registration<br>3.45pm – 5.15pm  |   |

## Creativity in the Classroom for pupils with SEMH

|  |   |   |
|--|---|---|
| Twilight outline   | <ul style="list-style-type: none"> <li>• What do we understand by creativity.</li> <li>• What does the creative approach look like?</li> <li>• Does developing a creative approach help pupils with SEMH?</li> <li>• How can we use creativity to support these pupils and the staff who work with them.</li> </ul> |   |
| Target Audience  | Teachers, Support Staff and Senior Managers in Schools who want to get a clearer understanding of the issues faced by some of our most vulnerable pupils and examine ways to support them in school.  |   |
| Trainer  | Mike Rofe<br>Senior Teacher and Head of Art at St Marys School Horam.   |   |
| Refreshments/parking                                     | Tea, coffee and biscuits will be available.<br>Parking is available in the staff car park.  |   |
| Date   | Time  | Venue address   |
| <u>Session 1:</u><br>Tuesday 31 <sup>st</sup> March 2020 | 3.30pm Registration<br>3.45pm – 5.30pm  | New Horizons,<br>Beauchamp Rd,<br>Hastings, Saint<br>Leonard's-on-sea<br>TN38 9JU |
| <u>Session 2:</u><br>Tuesday 28 <sup>th</sup> April 2020 | 3.30pm Registration<br>3.45pm – 5.00pm  |   |

## Resilience for Education

|  |   |   |
|--|---|---|
| Twilight outline   | <ul style="list-style-type: none"> <li>• What do we mean by resilience?</li> <li>• How can we develop our own resilience?</li> <li>• Prioritising Workloads</li> <li>• Creating a resilient classroom</li> </ul> <p>The course is designed to raise the concept of resilience for staff in education. The course is not a therapeutic focus on resilience but provides a realistic overview of how we can develop our own personal resilience strategies.</p> |   |
| Target Audience  | All school staff, particularly NQT and recently qualified staff.  |   |
| Trainer  | Gavin Thomas - Principal of College Central   |   |
| Refreshments/parking                                     | Tea, coffee and biscuits will be available.<br>Parking is available in the staff car par.   |   |
| Date   | Time  | Venue address   |
| <u>Session 1:</u><br>Thursday 14 <sup>th</sup> May 2020  | 3.30pm Registration<br>3.45pm – 5.30pm  | College Central, 124<br>Brodrick Road,<br>Eastbourne BN22 9RB |
| <u>Session 2:</u><br>Thursday 11 <sup>th</sup> June 2020 | 3.30pm Registration<br>3.45pm – 5.00pm  |   |



## Bespoke School-to-School Support

The Sabden Multi-Academy Trust has a range of leaders and experts who are able to offer one to one support for schools to meet bespoke requirements and offer high quality support and challenge to enable school improvement.

All bespoke school-to-school support is brokered through The Cuckmere House Teaching School Alliance. Enquiries can be sent to [teachingschool@sabden.org.uk](mailto:teachingschool@sabden.org.uk)

The specialisms highlighted link to the 4 Ofsted Common Inspection Framework<sup>1</sup> as follows:

|  |   |
|--|---|
| Effectiveness of leadership and management   | Leadership CPD<br>Leadership Curriculum                               |
| Outcomes for pupils                          | English<br>Literacy<br>Maths<br>SEN<br>Early Years<br>PSHE<br>Phonics |
| Quality of teaching, learning and assessment | Initial Teacher Training<br>Assessment                                |
| Personal development, behaviour and welfare  | Behaviour<br>Attendance   |




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<sup>1</sup>

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/730127/School\\_inspection\\_handbook\\_section\\_5\\_270718.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/730127/School_inspection_handbook_section_5_270718.pdf)

### SABDEN Experts in Education

**Cost: £350 per day**

SABDEN Experts in Education (SLEs) are outstanding senior leaders from Sabden Schools with particular areas of expertise. Whilst SEE's have not undertaken the formal SLE process, they have significant experience and have proven track records of success within SABDEN Schools.

| SEE            | School                                 | Specialism(s)                                    |
|----------------|--|--|
| Simone Hopkins | New Horizons and Cuckmere House School | Assessment<br>Leadership CPD<br>SEN<br>Behaviour |
| Paul Murphy    | St Mary's School                       | Leadership CPD<br>SEN<br>Behaviour               |
| Gareth Lucas   | The SABDEN Multi-Academy Trust         | Leadership Curriculum<br>SEN<br>Behaviour        |

### Specialist Leaders in Education

**Cost: £350 per day.**

Specialist Leaders of Education (SLEs) are outstanding middle and senior leaders with particular areas of expertise and the skills to develop the leadership capacity of colleagues in similar positions in other schools.

| SLE          | School                | Specialism(s)   |
|--------------|-----------------------|---|
| Fiona Bray   | New Horizons          | Leadership CPD<br>Leadership Curriculum<br>English - Primary and Secondary<br>Literacy - Primary<br>SEN<br>ITT/NQT<br>Behaviour<br>Attendance |
| Gavin Thomas | College Central (PRU) | Leadership CPD  |

|                         |                                    |                                    |
|-------------------------|------------------------------------|------------------------------------|
|                         |                                    | Leadership Curriculum<br>Behaviour |
| Lorraine Myles          | Cuckmere House School              | Leadership CPD<br>SEN<br>Behaviour |
| Ruth Ginno              | Stone Cross School                 | Early Years                        |
| Jacqueline Prince-Smith | Cuckmere House School<br>(Primary) | Maths – Secondary<br>ITT/NQT       |

### Local Leaders of Education

**Cost: £450 per day.**

Local Leaders of Education (LLE's) provide a range of school-to-school support and coaching and mentoring for head teachers in their local area and beyond.

| LLE           | School                   | Specialism(s)   |
|---------------|--------------------------|---|
| Lizzie Fields | Park Mead Primary School | Leadership<br>Teaching & Learning (Pedagogy and Culture)<br>Assessment for Learning<br>English / Literacy: Reading<br>The Primary Curriculum<br>SMSC<br>Nurture |

### National Leaders in Education

**Cost: £550 per day.**

NLEs are outstanding school leaders, who have experience of effectively supporting schools in challenging circumstances. NLEs work alongside teaching schools and other system leaders to provide high quality support to those who need it most.

| NLE                 | School  |
|---------------------|---|
| Frank Stanford, CEO | The SABDEN Multi-Academy Trust consisting of:<br>College Central<br>Cuckmere House School<br>Landsdowne School<br>New Horizons School |

|  |  |
|--|--|
|  | St Mary's School, Horam<br>The Cuckmere House Teaching School Alliance |
|--|--|

## Focused Visits to Sabden Schools

The Sabden Multi-Academy Trust is also able to provide focused visits for school leaders and key staff from those schools. Visits can be tailored to the needs of the school so staff can see first-hand the aspects that they want to develop in their own school. Information gained from these visits are then adapted to their own context and SABDEN staff will help assess the impact in their school.

Examples of previous Focused Visits are as follows:

- Behaviour management
- Behaviour strategies in the classroom
- Pupil engagement
- Relationships
- Learning outside of the classroom
- The role of the SENCO
- Effective assessment of individual needs.

Enquiries for Focussed Visits to Sabden Schools can be sent to [Gareth.Lucas@sabden.org.uk](mailto:Gareth.Lucas@sabden.org.uk)

## High Impact Research

The Sabden Multi-Academy Trust is also fully committed to improvement through high quality educational research such as a master's level research project around vocabulary acquisition and a recent action research project in collaboration with the Laurel Trust entitled 'Opening the doors to Opportunity'

This project found that pupils who had repeatedly failed to thrive at school can make significant and sustainable academic, social, behavioural and emotional improvement. It identified the main factors that made the difference to these pupils and the strategies that can be effectively transferred to mainstream schools and special schools in areas of poverty and challenge.

School support can then take the form of adapting the strategies to the context and setting of the school to make the support more personalised helping improve practice. Schools can also use the research methodology to undertake a study of their own

Cuckmere House Teaching School Alliance

school community interviewing their parents, pupils and staff and so create their own bespoke strategy toolbox. This would take longer but it would be owned, contextually relevant and lead to a deeper and longer lasting development as the actual research process would lead to self-improvement.

The Sabden Multi-Academy Trust also are able to offer support to schools wishing to undertake their own research.

Enquiries regarding High Impact Research can be sent to  
[Gareth.Lucas@sabden.org.uk](mailto:Gareth.Lucas@sabden.org.uk)

## Contact Information

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**For general enquiries please email [teachingschool@sabden.org.uk](mailto:teachingschool@sabden.org.uk)**