

Theme: Eternal Life



[Monday,](#)

[Tuesday,](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

- ★ Hymn of the Week: ‘Come to the Water’
- ★ Reading of the Week: [John 4:5-42](#)
(Click to view the reading)



Monday, 20th March 2017

In July 2011, the United Nations General Assembly adopted a resolution which recognised happiness as a “fundamental human goal” and called for “a more inclusive, equitable and balanced approach to economic growth that promotes... happiness and well-being of all peoples”.

How does Jesus speak of human well being? In the famous passage from St John’s Gospel he says:

‘I have come so that you may have life and have it to the full’.

Take a moment to reflect on what that might mean. Is it different to happiness?

Let us pray...

Loving God, may we come to realise that our true happiness lies in serving you and one another. Amen.

Tuesday 21st March 2017



International Day for the Elimination of Racial Discrimination

Racial and ethnic discrimination occur on a daily basis, hindering progress for millions of people around the world. Racism and intolerance can take various forms – can you think of what these might be? The international Day for the Elimination of Racial Discrimination, established in 1966 by the United Nations, gives us the opportunity each year to stop and take stock.



This year's theme looks at standing up for someone's rights and what we can do? Take a moment to reflect. How could we make a difference? Click on the picture to find out more

Lord God , you created a rich and diverse world in which many peoples live together. Give us the insight and wisdom to realise that different races and ethnicities are a gift rather than a threat, a gift we should receive with joy not prejudice. Amen.

Wednesday 22nd March 2017



On this day - 22nd March - 1933, the Nazis opened a concentration camp called Dachau, near Munich in Germany. By the end of the Second World War, millions had been killed in all the Nazi camps.



Despite all the suffering (suffering that we can't even begin to imagine) a prayer was discovered on a piece of wrapping paper beside the body of a dead child in another concentration camp. We don't know who wrote this prayer, but we make it our own today:

O Lord, remember not only the men and women of goodwill, but also those of ill will. But do not remember all the suffering they have inflicted on us. Remember instead the good things that have come to us thanks to this suffering – our comradeship, our loyalty, our humility, our courage, our generosity, and the greatness of heart which have all grown out of this. And when they come to judgement, let all the good things that have come out of this be their forgiveness. Amen

Thursday, 23rd March 2017



Tomorrow - 24th March - marks the anniversary in 1603 of the death of one of England's greatest rulers - Queen Elizabeth. She was desperate for more time to live, and her last words were:

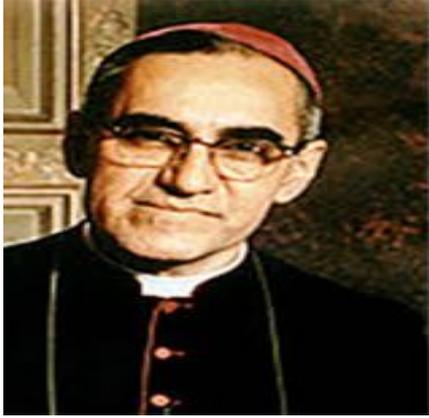
“All my possessions for a moment of time.”



Let us pray that we use our time well:

Lord, it is in this place and in this time that you want me to grow. You give me the time I need to live as you want me to live. Help me to use my time and opportunities wisely. Help me to value and treasure all the people you put into my life, and lead me to live in thankfulness. Amen.

Friday 24th March 2107



Oscar Romero was a priest and bishop in El Salvador. His love for his people who were suffering violence and oppression led him to take their side and to denounce their oppressors. And so he was killed, whilst saying Mass, on 24th March 1980.

Let us take a moment today to remember the sacrifice of Romero and his fight for those facing injustice.

Excerpt from Romero Prayer –

“That is what we are about. We plant a seed that will one day grow.

We water seeds already planted, knowing that they hold future promise. We lay foundations that will need further development. We may never see the end results, but that is the difference between the master builder and the worker. We are workers, not master builders, ministers, not messiahs. We are prophets of a future not our own.”

Amen



PRAYER BEFORE LUNCH

Generous God,
we come to thank you for the food we
are about to eat. May we never take your
gifts for granted and never forget those
who are hungry.

Amen.



© Can Stock Photo



PRAYER FOR THE END OF THE DAY



Give me this night, O Father, the peace of mind which is truly rest. Help me to be at peace with myself at peace with my fellow human beings at peace with you.

Amen.

